

PROGRESS STATEMENT

EYFS

As part of the indoor and outdoor continuous provision, children are physically active throughout their day in the Foundation Stage. In addition, children all access an age-appropriate PE curriculum that is taught explicitly and enables them to make progress in fundamental movement skills (balancing, running, jumping, making movements), ball skills, early games, gymnastics and dance.

Key Stage 1

Children's progress continues to develop throughout Key Stage 1 with a skill and knowledge based PE curriculum that builds on what children have begun to learn in EYFS. Further challenge in fundamental movement skills is the beginning of this process for each year group as it is crucial to children's success in PE and Sport. Children are also taught ball skills, sending and receiving, target games, invasion games, net and wall skills and striking and fielding all with a skills and knowledge focus. This prepares children for the wide range of sports available to them in the Key Stage 2 PE Curriculum. A key part of the PE curriculum in Key Stage 1 is gymnastics and dance and this is supplemented with a Yoga programme too. As a pre-cursor to the Outdoor Adventurous Activity units, children in Key Stage 1 will complete their year with a focus on Team Building through physical activity.

Key Stage 2

Children in Key Stage 2 continue to make progress in the skills and knowledge they have learnt in Key Stage 1 and begin to apply them into a range of sporting opportunities. Children extend their skills alongside learning new, more complex and challenging physical skills. They are exposed to new sports during their time in Key Stage 2 including Tag Rugby, Golf, Basketball, Volleyball, Orienteering in addition to Football, Cricket, Athletics, Dance and Gymnastics.

Children will be challenged to use their social, emotional and thinking skills to develop positive team relationships, the ability to assess individual and peer progress and to be able to develop strategies to use in competition.

All children in Year 5 and 6 have swimming lessons each week, taught by qualified swimming instructors. They make progress up to and exceeding the requirement to swim 25 metres by the end of Year 6.